

BACKGROUND

- Nurse well-being is essential for patient safety, staff retention, and organizational outcomes.
- Perioperative staff face high acuity and workflow pressures, requiring approaches beyond the clinical environment to support thriving
- Community outreach and volunteering improve well-being, foster purpose, and strengthen team connections
- Within this context, the CNS, with institutional leaders and community partners, has created opportunities for perioperative staff to participate in community-focused initiatives
- These initiatives enhanced staff morale while simultaneously addressing community health needs

METHODS



RESULTS

- Over **25 perioperative nursing staff** participated across **12 community outreach events** in 2025
- Informal feedback from participants during debriefings reflected **increased satisfaction, personal fulfillment, and team camaraderie**
- Participation levels demonstrated **sustained interest** among the staff, with representation from all four units across multiple events
- Measured outcomes included more than **250 vital health screenings**, including BP, vision tests, and education to underserved community members
- The collection of **925 toys** for the **800 children** of two Public Schools
- Two teams of **10 volunteers** prepared **four fresh full-course meals** for **40 residents** each group

DISCUSSION

This initiative highlighted how CNS-facilitated community engagement can positively influence both staff well-being and community health.

This project underscored the importance of collaboration across teams and organizations. It proposes a practical model that could be adapted by other high-stress clinical settings seeking to enhance staff resilience while addressing community needs.

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